TEAMEX™

USEFUL SUPPLEMENTS IN DISEASES

PHYSICAL WEAKNESS

Product	Qty	Usage	Time
Ashwagandha	1	1 - 0 - 1	After meal
Shilajit Gummy	1	1 - 0 - 1	After meal
Berry Wellness Drink	1	1 - 0 - 1	After meal
Noni Wellness Drink	1	1 - 0 - 1	Before meal(early morning)

DIABETES

Product	Qty	Usage	Time
Stop up D	1	2 - 0 - 2	Before meal
Noni Wellness Drink	1	1 - 0 - 1	Before meal
Trifla	1	1 - 0 - 1	After meal
Neem tablet	1	1 - 0 - 1	Before meal
Guduchi ghan	1	2 - 0 - 2	After meal
Tulsi Drops	1	3-4 times 2-3 drop with water	In a day

BETTER DIGESTION

Product	Qty	Usage	Time
Ajwain Drops	1	3-4 times 2-3 drop with water	In a day
Trifla	1	1 - 0 - 1	After meal
Aloe vera Juice	1	1 - 0 - 1	Before meal
Red Aloevera Wellness Drink	1	1 - 0 - 1	Before meal
Noni Wellness Drink	1	1 - 0 - 1	Before meal
Shivakshar Pachan Tablet	1	1 - 0 - 1	After meal

ACIDITY AND GAS

Product	Qty	Usage	Time
Kamdudha Ras	1	1 - 0 - 1	After meal
CMD Drops	1	3-4 drops with water	Any time
Trifla	1	1 - 0 - 1	After meal
Ajwain Drops	1	3-4 times 2-3 drop with water	In a day
Detox Tablet	1	0 - 0 - 1	Before Sleep

WEIGHT LOSS

Product	Qty	Usage	Time
Beautilook 1	1	2 - 0 - 0	Before meal
Beautilook 2	1	0 - 2 - 0 (5 pm)	After meal (3 hrs)
Beautilook 3	1	0 - 0 - 1	After meal
CMD Drops	1	3-4 drops with water	Any time
Slim Tea	1	-	Once a Day
Tulsi Drop	1	3-4 times 2-3 drop with water	In a day
Berry Wellness Drink	1	1 - 0 - 1	Anytime

WEIGHT GAIN

Product	Qty	Usage	Time
Protien Powder	1	1 - 0 - 1 Spoon with milk	After meal
Spirulina	1	2 - 0 - 2	After meal
Calcium	1	1 - 0 - 1	After meal
Multivitamin Gummy	1	1 - 0 - 1	After meal

BODY PAIN

Product	Qty	Usage	Time
Ortho Oil	1	-	Anytime
Ortho Balm	1	-	Anytime

CALCIUM DEFICIENCY (STRONG BONES)

Product	Qty	Usage	Time
Calcium	1	1 - 0 - 1	After meal
D3 Spray	1	1 - 1 - 1 - 1	Any time
Protien Powder	1	1 - 0 - 1 spoon with milk	After meal
Multivitamin Gummy	1	1 - 0 - 1	After meal

ANEMIA

Product	Qty	Usage	Time
SaptamrutLoh	1	2 - 0 - 2	After meal
B12 Spray	1	1 - 1 - 1 - 1	Any time
Spirulina	1	2 - 0 - 2	After meal
Aloevera Wellness Drink	1	1 - 0 - 1	Before meal
Red Aloevera Wellness Drink	1	1 - 0 - 1	Before meal

COUGH AND COLD

Product	Qty	Usage	Time
Tulsi Drop	1	3-4 times 2-3 drop with water	In a day
Ajwain Drop	1	3-4 times 2-3 drop with water	In a day
Guduchi ghan	1	2 - 0 - 2	After meal
Nano Curcumin	1	1 - 0 - 0	After meal

HEART DISEASE

Product	Qty	Usage	Time
Arjun Ghan	1	2 - 0 - 2	After meal
Nano Curcumin	1	1 - 0 - 0	After meal
Aloe vera Wellness Drink	1	1 - 0 - 1	Before meal
Red Aloe vera Wellness Drink	1	1- 0 - 1	Before meal
Tulsi Drop	1	3-4 times 2-3 drop with water	In a day
Sea Buckthron	1	1 - 0 - 1	Before meal
Noni Wellness Drink	1	1 - 0 - 1	Before meal

HIGH BP/LOW BP

Product	Qty	Usage	Time
Noni Wellness Drink	1	1 - 0 - 1	Before meal
Arjun Ghan	1	2 - 0 - 2	After meal
Tulsi Drop	1	3-4 times 2-3 drop with water	In a day
Sea Buckthron	1	1 - 0 - 1	Before meal

CHOLESTROEL

Product	Qty	Usage	Time
Arjun Ghan	1	2 - 0 - 2	After meal
Tulsi Drop	1	3-4 times 2-3 drop with water	In a day
Noni Wellness Drink	1	1 - 0 - 1	Before meal
Sea Buckthron	1	1 - 0 - 1	Before meal

CANCER

Product	Qty	Usage	Time
Nano Curcumin	1	1 - 0 - 0	After meal
Noni Wellness Drink	1	1 - 0 - 1	Before meal
Spirulina	1	2 - 0 - 2	After meal
Tulsi Drop	1	3-4 times 2-3 drop with water	In a day
Sea buckthron	1	1 - 0 - 1	Before meal
Neem tablet	1	2 - 0 - 2	After meal

ASTHMA

Product	Qty	Usage	Time
Noni Wellness Drink	1	1 - 0 - 1	Before meal
Tulsi Drop	1	3-4 times 2-3 drop with water	In a day
Nano curcumin	1	1 - 0 - 0	After meal

DENGUE

Product	Qty	Usage	Time
Guduchi ghan	1	2 - 0 - 2	After meal
Tulsi Drop	1	3-4 times 2-3 drop with water	In a day
Nano Curcumin	1	1 - 0 - 0	After meal

IMMUNITY BOOSTER

Product	Qty	Usage	Time
Noni Wellness Drink	1	1 - 0 - 1	Before meal
Nano Curcumin	1	1 - 0 - 0	After meal
Spirulina	1	2 - 0 - 2	After meal
Multivitamin Gummy	1	1 - 0 - 1	After meal
Sea Buckthron	1	1 - 0 - 1	Before meal
Tulsi Drop	1	3-4 times 2-3 drop with water	In a day

FOR CHILDEREN

Product	Qty	Usage	Time
Protien Powder	1	1 - 0 - 1 Spoon with milk	After meal
Multivitamin Gummy	1	1 - 0 - 1	After meal
Berry Wellness Drink	1	1 - 0 - 1	After meal

PERIODS PROBLEM IN FEMALE

Product	Qty	Usage	Time
She Well Tablet	1	2 - 0 - 2	After meal (30 mins)
Berry Wellness Drink	1	1 - 0 - 1	After meal
Saptamrut Loh	1	2 - 0 - 2	After meal
Kamdudha Ras	1	1 - 0 - 1	After meal

SEXUAL WELLNESS

Product	Qty	Usage	Time
Do Long Tablet	1	2 - 0 - 2	After meal
Do Long oil	1	4-5 Drops apply at private part	Daily
Shilajit Gummy	1	1 - 0 - 1	After meal
Ashwagandha	1	1 - 0 - 1	After meal
Noni Wellness Drink	1	1 - 0 - 1	Before meal

WORM INFECTION

Product	Qty	Usage	Time
Guduchi ghan	1	2 - 0 - 2	After meal
Tulsi Drop	1	3-4 times 2-3 drop with water	In a day
Neem tablet	1	2 - 0 - 2	After meal

ANXIETY/DEPRESSION

Product	Qty	Usage	Time
Ashwagandha	1	1 - 0 - 1	After meal
B12 Spray	1	1 - 1 - 1 - 1	Any time
Noni Wellness Drink	1	1 - 0 - 1	Before meal
Multivitamin	1	1 - 0 - 1	After meal
No Problem	1	-	Wear at wrist
Sleep Gummy	1	0 - 0 - 1	Before sleep
Bio Magnetic Mattress	1	-	Sleep on mattress

KIDNEY

Product	Qty	Usage	Time
Chandra prabhavati	1	2 - 0 - 2	After meal
Punarnava	1	2 - 0 - 2	After meal
Trifla	1	1 - 0 - 1	After meal
B12 Spray	1	1 - 1 - 1 - 1	Any time

LIVER

Product	Qty	Usage	Time
Livepat	1	2 - 0 - 2	After meal
Nano Curcumin	1	1 - 0 - 0	After meal
Noni Wellness Drink	1	1 - 0 - 1	Before meal
Punarnavadi Gugglu	1	2 - 0 - 0	After meal
Sea Buckthron Wellness Drink	1	1 - 0 - 1	Before meal

STOMACH PROBLEM

Product	Qty	Usage	Time
Ajwain Drop	1	3-4 times 2-3 drop with water	In a day
Trifla	1	1 - 0 - 1	After meal
Noni Wellness Drink	1	1 - 0 - 1	Before meal
Aloevera Wellness Drink	1	1 - 0 - 1	Before meal
Red Aloevera Wellness Drink	1	1 - 0 - 1	Before meal

EYE WELLNESS

Product	Qty	Usage	Time
Saptamrutloh	1	2 - 0 - 2	After meal
Berry Wellness Drink	1	1 - 0 - 1	After meal
Amla	1	2 - 0 - 2	After meal

PILES/FISTULA/HEMORRHOIDS

Product	Qty	Usage	Time
Arshoghani	1	2 - 0 - 2	After meal
Aloevera Wellness Drink	1	1 - 0 - 1	Before meal
Red Aloevera Wellness Drink	1	1 - 0 - 1	Before meal

HEALTHY ORGANS

Product	Qty	Usage	Time
Punannavadi Guggulu	1	2 - 0 - 2	After meal
Nano Curcumin	1	1 - 0 - 0	After meal
Noni Wellness Drink	1	1 - 0 - 1	Before meal

HEADACHE

Product	Qty	Usage	Time
Pathyadi kwath Ghan	1	2 - 0 - 2	After meal
Noni Wellness Drink	1	1 - 0 - 1	Before meal
Bosewellia	1	1 - 0 - 0	Before meal
Trifla	1	1 - 0 - 1	After meal

VIRAL FEVER

Product	Qty	Usage	Time
Tulsi Drop	1	3-4 times 2-3 drop with water	In a day
Noni Wellness Drink	1	1 - 0 - 0	Before meal
Guduchi Ghan	1	2 - 0 - 2	After meal
NeemPanchang Ghan	1	2 - 0 - 2	After meal
Nano Curcumin	1	1 - 0 - 0	After meal

STONE

Product	Qty	Usage	Time
Tulsi Drop	1	3-4 times 2-3 drop with water	In a day
Noni Wellness Drink	1	1 - 0 - 1	Before meal
Aloevera Wellness Drink	1	1 - 0 - 1	Before meal
Red Aloevera Wellness Drink	1	1 - 0 - 1	Before meal

PITTA BALANCING

Product	Qty	Usage	Time
Kaishor Gugglu	1	2 - 0 - 2	After meal
Kamdudha Ras	1	1 - 0 - 1	After meal
CMD	1	3 drops into a 200 ml. water glass	Daily
Trifla	1	1 - 0 - 1	After meal
Padabhyang Theraphy	1	1 - 0 - 1	After meal

URIC ACID

Product	Qty	Usage	Time
Kaishor Guggulu	1	2 - 0 - 2	After meal
Trifla	1	1 - 0 - 1	After meal
Guduchi ghan	1	2 - 0 - 2	After meal
Neem tablet	1	2 - 0 - 2	After meal

JOINT PAIN-ARTHRITIS

Product	Qty	Usage	Time
Ortho oil	1	Apply on affected area	Any time
Bosewellia	1	1 - 0 - 0	Before meal
Calcium	1	1 - 0 - 1	After meal
Ortho Tablet	1	-	Any time
Noni Wellness Drink	1	1 - 0 - 1	Before meal
Kaishor Guggulu	1	2 - 0 - 2	After meal
Neodymium Waist Belt	1	-	Wear at Waist
Neodymium Knee Belt	1	-	Wear at Knee

PARKINSON

Product	Qty	Usage	Time
No Problem	1	-	Wear at wrist
Bio Magnetic Mattress	1	-	Sleep on mattress
Shilajit Gummy	1	1 - 0 - 1	After meal
Spirullina Tablet	1	2 - 0 - 2	After meal
Ashwagandha	1	1 - 0 - 1	After meal
Noni Wellness Drink	1	1 - 0 - 1	Before meal

PARALYSIS

Product	Qty	Usage	Time
No Problem	1	-	Wear at wrist
Bio Magnetic mattress	1	-	Sleep on mattress
Noni Wellness Drink	1	1 - 0 - 1	Before meal

THYROID

Product	Qty	Usage	Time
Kanchanar Gugglu	1	2 - 0 - 2	After meal
Sea Buckthron	1	1 - 0 - 1	Before meal
Noni Wellness Drink	1	1 - 0 - 1	Before meal
Amla	1	2 - 0 - 2	After meal

CHEST PAIN

Product	Qty	Usage	Time
Arjun Ghan	1	2 - 0 - 2	After meal
Nano Curcumin	1	1 - 0 - 0	After meal
Noni Wellness Drink	1	1 - 0 - 1	Before meal
Spirulina	1	2 - 0 - 2	After meal

WHITE PATCHES

Product	Qty	Usage	Time
Spirulina	1	2 - 0 - 2	After meal
Neem tablet	1	2 - 0 - 2	After meal
Noni Wellness Drink	1	1 - 0 - 1	Before meal
Tulsi Drop	1	3-4 times 2-3 drop with water	In a day
Skin Enhance Cream	1	1 - 0 - 1	Daily
Aloevera Wellness Drink	1	1 - 0 - 1	Before meal
Red Aloevera Wellness Drink	1	1 - 0 - 1	Before meal

APPETITE ISSUES

Product	Qty	Usage	Time
Aloevera Wellness Drink	1	1 - 0 - 1	Before meal
Red Aloevera Wellness Drink	1	1 - 0 - 1	Before meal
Noni Wellness Drink	1	1 - 0 - 1	Before meal
Spirulina	1	2 - 0 - 2	After meal

URINE PROBLEM

Product	Qty	Usage	Time
Bosewellia	1	1 - 0 - 0	Before meal
Noni Wellness Drink	1	1 - 0 - 1	Before meal
Tulsi Drop	1	3-4 times 2-3 drop with water	In a day
Punannavadi Guggulu	1	2 - 0 - 2	After meal

INSOMNIA

Product	Qty	Usage	Time
Deep Sleep Gummies	1	0 - 0 - 1	Before sleep
Ashwagandha	1	1 - 0 - 1	After meal
Bio Magnetic Mattress	-	-	Sleep on mattress

HIV/AIDS

Product	Qty	Usage	Time
Noni Wellness Drink	1	1 - 0 - 1	Before meal
Nano Curcumin	1	1 - 0 - 0	After meal
Bosewellia	1	1 - 0 - 0	Before meal

INTESTINE PROBLEMS

Product	Qty	Usage	Time
Noni Wellness Drink	1	1 - 0 - 1	Before meal
Aloevera Wellness Drink	1	1 - 0 - 1	Before meal
Red Aloevera Wellness Drink	1	1 - 0 - 1	Before meal
Neem tablet	1	2 - 0 - 2	After meal

MIGRAIN

Product	Qty	Usage	Time
Pathyadi kwath Ghan	1	2 - 0 - 2	After meal
B12 Spray	1	1 - 1 - 1 - 1	Any time
Bosewellia	1	1 - 0 - 0	Before meal
Noni Wellness Drink	1	1 - 0 - 1	Before meal
Bio Magnetic Mattress	1	-	Sleep on mattress

MOUTH ULCERS

Product	Qty	Usage	Time
Aloevera Wellness Drink	1	1 - 0 - 1	Before meal
Red Aloevera Wellness Drink	1	1 - 0 - 1	Before meal
Noni toothpaste	1	1 - 0 - 1	Daily
B12 Spray	1	1- 1 - 1 - 1	Any time

SICKLE CELLS

Product	Qty	Usage	Time
Noni Wellness Drink	1	1 - 0 - 1	Before meal
Tulsi Drops	1	3-4 times 2-3 drop with water	In a day
Neem tablet	1	2 - 0 - 2	After meal

TRISMUS

Product	Qty	Usage	Time
Noni toothpaste	1	1 - 0 - 1	Daily
Noni Wellness Drink	1	1 - 0 - 1	Before meal

TINGLING

Product	Qty	Usage	Time
B12 Spray	1	1 - 1 - 1 - 1	Any time

HAIR LOSS

Product	Qty	Usage	Time
Biotin Gummy	1	0 - 1 - 0	Any Time
B12 Spray	1	1 - 1 - 1 - 1	Any Time
Argan Biotin Shampoo	1	Morning	Alternate day
Conditioner	1	Appropriate amount to wash hair	After shampoo
Hair Tonic	1	Once in a day	Alternate day
Saptamrutloh	1	2 - 0 - 2	After meal
Hair Growth Serum	1	Once in a day	Alternate day

SMOOTH, SILKY AND SHINY HAIR

Product	Qty	Usage	Time
Anti hairfall Shampoo	1	Morning	Daily
7 In 1 Hair oil	1	Night	Alternate day
Hair Tonic	1	Once in a day	Alternate day
Hair Conditioner	1	Morning	After Shampoo
Spirulina Tablet	1	2 - 0 - 2	After meal

PSORAISIS / SKIN DISEASES

Product	Qty	Usage	Time
Skin enhance cream	1	1 - 0 - 1	Daily
Tulsi Drop	1	3-4 Times 2-3 drop with water	Daily
Neem Soap	1	Daily	Daily
Amla	1	2 - 0 - 2	After meal
Noni Wellness Drink	1	1 - 0 - 1	Before meal

(Take cream and mix it with tulsi drop and apply on affected area)

DARK CIRCLE UNDER EYES

Product	Qty	Usage	Time
Spirulina	1	1 - 0 - 1	After meal
Skin Enhance Cream	1	Apply under eyes	Daily
Vitamin C face wash	1	Morning/Evening	Daily
Vitamni C serum	-	Daily	Before sleep

PIMPLE/ACNE

Product	Qty	Usage	Time
Eraze Acne Gel	1	Daily	After face wash
Facial Drop	1	Daily	Face wash
Vitamin C serum	1	Daily	Before sleep

OVERALL HEALTH

Product	Qty	Usage	Time
CMD	1	3 drops into a 200 ml. water glass	Daily
Trifla	1	1 - 0 - 1	After meal
Noni Wellness Drink	1	1 - 0 - 1	Before meal

NOTES:

Noni Wellness Drink	30 ml / 2 Times a day with luckwarm water
Berry Wellness Drink	25 ml / 2 Times a day with milk/water
Seabuckthorn Wellness Drink	30 ml / 2 Times a day with luckwarm water
Aloevera Wellness Drink	30 ml / 2 Times a day with luckwarm water
Red Aloevera Wellness Drink	30 ml / 2 Times a day with luckwarm water

"SUPPLEMENTS FOR A HEALTHIER TOMORROW"

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